

## GENERAL INFO



### TEACHER

*Tereza Krcoksa, PhD*

*Violin teacher at PIANO FORTE MUSIC SCHOOL*

*Licensed Zumba® Fitness Instructor*

*teriviolina@yahoo.com*

*070/363 948*

### PROGRAM

- Early music education (ages 0-3)*
- Zumba® fitness for you and your kids (ages 4+)*
- My first violin orchestra (ages 4-5)*

### COST

*1600 MKD, monthly*

*600 MKD drop ins and play dates*

# *Music and Movement*

*Early music education at DMWC*



*Season 2017/18*

## DMWC Music&Movement

Dear Kids and Parents,

Welcome to our Music and Movement Program!

Our teacher and long term DMWC friend Tereza designed this program specially for kids (and caregivers) for ages 0-7, currently offering three groups/classes, each gathering once a week:

 [Early Music Education – Mommy&Me \(ages 0-3\)](#)

 [Zumba® fitness for you and your kids \(ages 4+\)](#)

 [My first violin orchestra \(ages 6-7\)](#)



### About the program

As a morning activity, we want to bring music, dance and early child development together. Playing along with instruments will motivate your kids to move to the music steadily as they wiggle and dance to some kids' favorites, classical music pieces, folk songs from your own countries, nursery rhymes and action songs.

And ALL MOVEMENT will be specially designed to maintain good posture and strength, so your kids will be exercising even when they are not noticing that.

So, don't be surprised if you need to bring along an extra t-shirt! I will make sure they all get sweaty in class - and change afterwards :)

The violin program will offer a fun and fulfilling way of music making, carrying out the essential early music education approach.

If you want to contact the teacher, please find the contact info on back of the brochure. To sign up, fill out the form attached and return it to the DMWC.

I wish you and your kid a good and musical stay in Macedonia!

Kind regards,

Tereza Krcoska, PhD

Violin teacher, Music&Movement educator, Zumba® fitness instructor

## PROGRAM DESCRIPTION

### [Early Music Education – Mommy&Me \(ages 0-3\)](#)

This class is a wonderful way for you to spend quality time with your children, even with your newborns! The caregiver and the kid are taking this class together, and they sing, dance, play instruments, exercise, tell stories... TOGETHER!

The families that participate in this program can purchase some of the songbooks/storybooks and CDs to be able to continue this musical journey at home, in the car, or wherever they may go.

### [Zumba® fitness for you and your kids \(ages 4+\)](#)

Rather dance oriented, we will spend most of the class moving to the Zumba international favorites. In case you, as a parent can't make it to this class, your children can still join in. But if you decide to come with them, be ready to dance, sweat and be happy like a child!

Shakers and rhythms sticks are included.

### [My first violin orchestra \(ages 4-5\)](#)

Inspired by the Suzuki philosophy of early music education, I have blended my knowledge and experience in traditional russian, international and Suzuki violin methods to meet the needs of your children. I, too, believe that early beginning, listening, loving encouragement; parental support, constant repetition, and learning with other children are essential elements in the growth of each child. This way, the journey of violin learning will be a fulfilling one.

## Sign up sheet

 Yes, we want to sign in to the Music and Movement Program

My child only

My child and myself

...for the class:

Early music education – Mommy&Me

Zumba® fitness for you and your kids

My first violin orchestra

 Personal info

Parent's full name \_\_\_\_\_

Child's full name \_\_\_\_\_

Age \_\_\_\_\_

Contact info

phone \_\_\_\_\_

e-mail \_\_\_\_\_

Note

*Please, return the sign up sheet to DMWC to reserve your spot.*

*Our classes start on September 20<sup>th</sup> at 10:30 am.*